



Years ago this may have involved a visit to your local beauty salon or aunty to have any facial hair threaded, perhaps a night with the girls mixing hair masks, body scrubs and muds to get your skin silky smooth and prepped for the sleeveless season, or maybe a manicure and pedicure, hair cut, or colour. Which ever it may have been, compared to the options available and used now, a simple trip to the salon just won't cut it!

These days all of the above are part of a woman's weekly beauty regime. They have been superseded by an age of hi-tech, high end cosmetic surgery procedures and innovative alternative therapies to achieve porcelain glowing skin and that all over body beautiful.

Elite Beauty Services based in Surrey in the UK, recognised the demand for these more effective therapies and now offers select high end treatments for Asian skin specifically.

Asian Woman takes you through two of the most popular.

An Elite Kind of Beauty

THIS MONTH THERE ARE NUMEROUS REASONS TO TREAT YOURSELF, BE IT FOR MOTHER'S DAY, CELEBRATING BEING A WOMAN ON INTERNATIONAL WOMEN'S DAY (ANY EXCUSE TO PAMPER RIGHT?), OR SIMPLY REJOICING AND PREPARING FOR THE FACT THAT WARMER WEATHER IS ON THE HORIZON.

Sculpture-Tone - Targeted Inch Loss Treatment

What is Sculpture-Tone?

Unlike Endermology and Liposuction, Body Toning and Sculpture-Tone is a patented, computer driven, state-of-the-art, non-surgical, decompression technology that significantly reduces fat and cellulite. It can reshape and tone your body by stimulating circulation that nourishes the skin, allowing the skin muscles to become more supple and "youthful". The physical process that occurs is very similar to exercise. However, Body Toning and Sculpting strategically targets specific areas of fat, whereas exercise or sport reducing does not.

How does Sculpture-Tone work?

Sculpture-Tone is a FDA approved treatment. It uses a series of cups to create a vacuum that pulls, holds and releases localised parts of the body decompressing that section then releasing it to atmospheric pressure. In reality, the vacuum is not pulling blood into the cup rather it is allowing the skin tissue around the cup to push blood into the treated area. The vacuum holds the treated area, lifting the tissue for a prescribed length of time. This creates a pumping action that improves circulation to the prescribed area. The agitation of the vacuum pulling and releasing breaks up the toxins and fatty tissue and the underlying muscles become residually exercised while tissue is gently stretched and filled with oxygenated blood and nutrients. The fat and toxins are broken loose and released naturally in the lymphatic system, then to the circulatory system where the fat is filtered from the blood by the liver and carried to the urinary tract. It is then eliminated through the body's natural disposal process. The final result is that fat and cellulite is removed as the muscles are being toned.



Customer Comments

"I've lost 3 inches around my thighs and 3 inches around my stomach. I can now comfortably fit into size 12 trousers.

Ms L. Moore

I have just finished my 16th treatment and I'm amazed with the results! I've lost a lot more than I thought I would, as I've tried the gym before and could never get the bits I wanted down. That's why this has been perfect. I can now fit into clothes I never thought possible.

Ms V. Martin

Sculpture-Tone is a brilliant way to lose weight fast, I found it started to work after only 3 treatments, but by the time I had my full course of treatments, I had lost 2.5 inches from my waste and stomach, because it worked so well and fast, I am going to carry on with it, as a weekly body exercise and will also help to get my weight down.

Mrs A. Gazala



Advantages

- It is a safe, cost effective procedure
- No need for painful surgery
- Reduces localised fat on the stomach, hips, arms, legs and buttocks
- Dissolves cellulite
- Lifts and reshapes breasts
- Eradicates wrinkles, smoothes, firms skin.
- Strengthens and tones muscles
- Targets specific problem areas
- Improves circulation
- Results in just 4 weeks!

Stretch Mark Treatment

When it comes to stretch marks, we have all found out mostly by experience, that creams and potions do not seem to do much. What Elite Beauty Services Stretch Mark removal treatment does is exfoliate and stimulate the collagen and Elastin in your skin.

In each session a layer of the old skin is taken off by force, stimulating and promoting the growth of new healthy skin tissues, causing the stretch mark scar tissue to become active again.

After several sessions (depending on the depth of the marks) the scar tissues will fade and be replaced with normal skin tissues, thus healthier younger looking skin.

The actual process involves a micro crystal massage and buffing of the treatment areas, followed by various oils massaged into the skin. A series of cups are then applied to the treatment areas. Each one creates a vacuum as it pulls, holds the target areas of the, thus accelerating the blood circulation in these areas.

Depending on size a tummy can take 30 -60 minutes to treat.

For optimal results it is recommended that a course of 18 treatments; having 1 treatment a week be undertaken.

Cost is £50 for a 30 minute treatment.



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Mobile beauty service, at an additional cost.

EXCLUSIVE TO ASIAN WOMAN READERS

Two lucky readers will WIN a free Sculpture Tone and Stretch Mark treatment at Elite Beauty Services. To be in the running email Asian Woman and tell us in 30 words or less what having this treatment would mean to you.

competitions@asianwomanmag.com

What do I need to do?

Sculpture-Tone requires a minimum of 16 to 20 treatments for optimal results.

Each treatment takes 30 minutes - 1hour (depending on the area being treated), and are done in a series of 2-4 treatments, within a 7 day period.

The cost of each treatment starts at £60 however package deals are available.